



May 2019

Message from the Principal's Desk:

"All your dreams can come true if you have the courage to pursue them."

- Walt Disney-

Dear Parents,

As our summer begins, academic year draws to a close we have much to celebrate and many happy memories to cherish. I would like to express my gratitude to lead such an amazing community of students, parents & staff. It has been an amazing year!

Most importantly our students have enjoyed another fabulous year. They have excelled in so many fields it is impossible to list them all. I have attended many celebration events and have listened in awe as their achievements have been described. These achievements have been in their academic studies, sport, music, arts to name just a few and we are justly proud of them.

Looking ahead, we have many exciting new initiatives that we will bring for the upcoming year. I will be working with the Leadership Team to put into place a smooth opening to the new academic year and setting the priorities to build upon the successes of the school so that we can improve still further. We should always seek to do better; to challenge ourselves and our students to set the highest standards and achieve our ambitious goals.

I would also like to thank the parents who have contributed in ways small, large and unimaginable! We appreciate all that you do each and every day for our school and our children!

Let us begin with some news of what happened in May:

1) CAS at Indus:

- a) With the multiple migrant laborer groups who have settled into the area opposite the School, there is an increase in instability that families may not always have access to essential resources such as food and proper shelter. Thus, the School is conducting literacy classes for migrant children outside our school every morning by our teachers and student volunteers. We have also started providing one mid-day meal to 45 migrant children and this number is increasing. In order to further expand this process, the students plan to grow their own vegetables. A land on Campus has been identified.





2) Counselors Update @ IISH

I. PYP Workshop

- a) The Students of PYP had their end-of-the-year classroom guidance sessions, wherein they explored how to look at setbacks positively and gain wisdom from challenges in life. Students read the story 'Giraffes can't dance' and understood that failure is a part of growth and learning. They reflected on the most interesting class and what they learnt from it. They also shared the practices taught in class that they have now started applying in their lives. Lastly they shared their suggestions for the next academic year.
- b) The Grade 5 students had sessions on **Transitioning from PYP to MYP**, helping them explore the areas of change and to equip them with strategies to adapt to new challenges. They discussed what Transition means and the few significant changes from PYP to MYP. Apart from the academic changes, the students will also go through physical and emotional changes as they grow. This was addressed in sessions on Emotional awareness and Identity.

II. The following Sessions were conducted for the MYP and IBDP students:

- a) On 08 May 2019, a session was taken with pre IB students. They learned the importance of 'me time' and the ways to take best of it. They were asked to choose the stimulus from the nature and hold a conversation for a while. Later we sat and discussed the sub conscious thoughts coming up in silence and through one-way conversation. Students were encouraged to practice this once in a week to get closer with their emotions.



3. SPORTS UPDATE:

- a) PYP SWIMMING CHAMPIONSHIP 2018 – 19



Category: Grade-1 Boys

S. No	Name	House	Medal Won
1	Rohan Reddy Marappa	Hercules	Gold 25mts Kick Board
2	Tanmay Jalan	Pegasus	Silver 25mts Kick Board
3	Nirvaan Zaveri	Pegasus	Bronze 25mts Kick Board
4	Jae Hyan(Andy)	Hercules	Gold 25mts Free Style
5	Hrishith Chowdary	Phoenix	Silver 25mts Free Style
6	Kyron	Orion	Bronze 25mts Free Style

Category: Grade-1 Girls

S. No	Name	House	Medal Won
1	Aishwarya Veddula	Phoenix	Gold 25mts Kick Board
2	Aastha Kini	Hercules	Silver 25mts Kick Board
3	Aarohi Kini	Pegasus	Bronze 25mts Kick Board
4	Pranavi Chundru	Orion	Gold 25mts Free Style
5	K Nakshatra	Phoenix	Silver 25mts Free Style
6	Indu Brinda	Pegasus	Bronze 25mts Free Style



Category: Grade-2 Boys

S. No	Name	House	Medal Won
1	Yoonho Choi	Hercules	Gold 25mts Free Style Gold 25mts Breast Stroke
2	Mohd Rehan	Pegasus	Silver 25mts Free Style
3	Vikramadithya Raju	Pegasus	Bronze 25mts Free Style
4	Sohith Tella	Orion	Gold 25mts Kick Board Bronze 4x25mts Relay
5	Aarav Kovvuri	Phoenix	Silver 25mts Kick Board
6	Aarush Reddy	Hercules	Bronze 25mts Kick Board
7	Khaja Mohammed Sheriff	Pegasus	Silver 25mts Breast Stroke
8	Shreyas Reddy	Orion	Bronze 25mts Breaststroke

Category: Grade-2 Girls

S. No	Name	House	Medal Won
1	Aiza Mehdi	Hercules	Silver 25mts Breast Stroke Gold 25mts Free Style
2	Diya K	Phoenix	Gold 25mts Breast Stroke Silver 25mts Free Style
3	Meenakshi Reddy	Phoenix	Bronze 25mts Free Style
4	Cho Seoyeon	Pegasus	Gold 25mts Kick Board

5	Jagruthi Pudi	Orion	Silver 25mts Kick Board
6	Isha Reddy Suram	Phoenix	Bronze 25mts Kick Board
7	Adhya Chapyala	Hercules	Bronze 25mts Breast Stroke



Aiza Mehdi – Gr 2

Category: Grade-3 Boys

S. No	Name	House	Medal Won
1	Saahas Reddy Badikol	Pegasus	Gold 25mts Free Style Gold 4x25mts Relay Silver 25mts Breast Stroke
2	Dheva Reddy	Orion	Gold 25mts Back Stroke Silver 25mts Free Style Silver 4x25mts Relay Bronze 25mts Breast Stroke
3	Diyaar Mehdi	Orion	Gold 25mts Breast Stroke Silver 4x25mts Relay
4	Prateek Pathuri	Hercules	Silver 25mts Back Stroke Bronze 4x25mts Relay
5	Yuvraj	Pegasus	Gold 4x25mts Relay Bronze 25mts Back Stroke Bronze 25mts Free Style

Category: Grade - 3 Girls

S. No	Name	House	Medal Won
1	Maya	Hercules	Gold 25mts Free Style Gold 25mts Breast Stroke Silver 25mts Back Stroke Bronze 4x25mts Relay
2	Jiwoo Kim	Hercules	Gold 25mts Back Stroke Silver 25mts Free Style Bronze 4x25mts Relay
3	Arya Khan	Orion	Silver 25mts Breast Stroke Silver 4x25mts Relay Bronze 25mts Free Style
4	Kara	Orion	Bronze 25mts Breast Stroke Bronze 25mts Back Stroke Silver 4x25mts Relay
5	Yashika Reddy	Pegasus	Gold 4x25mts Relay
6	Akshara Mareddy	Pegasus	Gold 4x25mts Relay
7	Priya	Hercules	Bronze 4x25mts Relay



Category: Grade-4 Boys

S. No	Name	House	Medal Won
1	Hwang Gyuwon	Pegasus	Gold 25mts Free Style Gold 25mts Back Stroke Gold 25mts Breast Stroke Gold 4x25mts Relay
2	Ayan Dharod	Pegasus	Silver 25mts Breast Stroke
3	Akul Khare	Orion	Silver 25mts Back Stroke Bronze 4x25mts Relay
4	Aryan Morzaria	Orion	Silver 25mts Free Style Bronze 4x25mts Relay
5	Aagam Jain	Pegasus	Gold 4x25mts Relay Bronze 25mts Free Style
6	Arya Tej	Phoenix	Bronze 25mts Back Stroke
7	Rahul Iyer	Phoenix	Bronze 25mts Breast Stroke
8	Ketan Mashetty	Hercules	Silver 4x25mts Relay
9	Yedlapalli Tanav	Hercules	Silver 4x25mts Relay



Tisha – Gr 4

Category: Grade- 4 Girls

S. No	Name	House	Medal Won
1	Tisha Sehwat	Hercules	Gold 25mts Free Style Gold 25mts Breast Stroke Silver 4x25mts Relay
2	Shravya Reddy	Pegasus	Gold 25mts Back Stroke Silver 25mts Free Style Gold 4x25mts Relay
3	Viveka Lakshmi	Pegasus	Gold 4x25mts Relay Bronze 25mts Back Stroke Bronze 25mts Free Style
4	Lynn Tresa Francis	Orion	Silver 25mts Breast Stroke Bronze 4x25mts Relay

5	Aanya Pande	Pegasus	Silver 25mts Back Stroke
6	Bhavya Agarwal	Hercules	Silver 4x25mts Relay
7	Rianna Jethwani	Orion	Bronze 4x25mts Relay

Category: Grade 5 Girls

S. No	Name	House	Medal Won
1	Shreya Ramesh	Hercules	Gold 25m Breast Stroke Silver 25m Freestyle Silver 25m Back Stroke Gold 4x25m Relay
2	Jina Lee	Hercules	Gold 25m Back Stroke Gold 4x25m Relay
3	Avani Veeramaneni	Orion	Bronze 25m Back Stroke Bronze 4x25m Relay
4	Shiwoo Kim	Pegasus	Silver 25m Breast Stroke Gold 25m Freestyle Silver 4x25m Relay
5	S Kshetra Rao	Orion	Silver 4x25m Relay Bronze 25m Free Style
6	Geethika Sai Bobba	Orion	Bronze 4x25m Relay

Category: Grade 5 Boys

S. No.	Name	House	Medal Won
1	Wonjun Choi	Pegasus	Gold 25m Breast Stroke Silver 25m Freestyle Silver 25m Back Stroke Silver 4x25m Relay
2	Jahan	Hercules	Gold 25m Free Style Gold 25m Back Stroke Gold 4x25m Relay
3	Park Joon	Phoenix	Bronze 25m Back Stroke Bronze 25m Free Style
4	Aarush Chatterjee	Hercules	Silver 25m Breast Stroke Gold 4x25m Relay
5	Amogh Reddy Badikol	Pegasus	Silver 4x25m Relay
6	Rishi Ponangi	Orion	Bronze 4x25m Relay
7	Dhanush Tella	Phoenix	Bronze 25m Back Stroke

On 13th May 2019 a few of our students participated in the RR District Swimming Team selection trials conducted at the GHMC Swimming Pool, Secunderabad.

The results are as follows:

GIRLS

- Shreya Ramesh (Grade 5) - came 1st in 50mt Breast stroke
- Palak Sinha (Grade 7) - came 3rd in Free style
- Shireen Harrison (Grade 6) came 3rd in 50mt Breast stroke

BOYS

- Zayan Ali (Grade 6) - came 4th in 50mt Free style
- Vishnu Rama Raju Kalidindi (Grade 6) - came 5th in 50mt Free style
- Tejas (Grade 6) - came 7th in 50mt Free style
- Aditya Itha (Grade 8) - came 5th in 100mt Free style



Shreya Ramesh – Gr 5



Shireen – Gr 6

Won Silver Medal at the State Meet

MYP SWIMMING CHAMPIONSHIP 2018-19
(Conducted on 3rd May 2019)



Vishnu – Gr 6



Zayan – Gr 6

GRADE - 6 BOYS

S.NO	NAME	HOUSE	MEDAL WON
1	Vishnu Kalidindi	Phoniex	Gold - 25m Free Style Gold - 25m Breast Stroke Bronze - 25 M Back Stroke Gold - 25 M Relay
2	Zayan Ali	Orion	Gold - 25m Back Stroke Silver - 25m Free Style Bronze - 25 M Breast Stroke Silver - 25 M Relay
3	Tejas	Hercules	Silver - 25m Back Stroke Bronze - 25m Free Style Bronze - 25m Relay
4	Amrit S	Orion	Silver - 25 M Breast Stroke Silver - 25m Relay
5	Kushal Reddy	Hercules	Bronze - 25 M Relay



Torita – Gr 6



Kusum Das – Gr 6

GRADE – 6 GIRLS

S. No.	NAME	HOUSE	MEDAL WON
1	Torita C	Phoenix	Gold - 25m Free Style Gold - 25m Back Stroke Gold - 25 M Breast Stroke Gold - 25 M Relay
2	Kusum Das	Phoenix	Silver - 25m Free Style Silver - 25m Breast Stroke Gold - 25 M Relay
3	Ahana K	Orion	Silver - 25m Back Stroke Bronze- 25m Breast Stroke Silver - 25 M Relay
4	Shireen H	Orion	Bronze - 25 M Back Stroke Bronze - 25m Breast Stroke
5	Anagha B	Orion	Silver - 25 M Relay
6	Aunaun	Hercules	Bronze - 25 M Relay
7	Sanskriti S	Hercules	BRONZE - 25 M Relay
8	Sahanya C	Phoenix	Gold - 25m Relay



Krish – Gr 7



Rakshit – Gr 7

GRADE 7 BOYS

S. No.	NAME	HOUSE	MEDAL WON
1	Krish Swamy	Hercules	Gold - 25m Free Style Gold - 25m Relay
2	Rakshit Sinha	Hercules	Silver - 25m Free Style Silver - 25m Backstroke Gold - 25m Relay
3	Srihari C	Orion	Bronze - 25m Free Style Gold - 25m Breast Stroke
4	Jiyul Kim	Phoenix	Gold - 25m Back Stroke Silver - 25m Relay
5	Abhiram Boddu	Pegasus	Bronze -25m Back Stroke Bronze - 25m Relay
6	Vipul K	Orion	Silver - 25m Breast Stroke
7	Samanyu Reddy	Orion	Bronze - 25m Breast Stroke
8	Ardip P	Phoenix	Silver - 25m Relay
9	Pranith B	Pegasus	Bronze -25m Relay



Palak Sinha – Gr 7



Geeta Sree – Gr 7

GRADE 7 GIRLS

S. No.	NAME	HOUSE	MEDAL WON
1	Palak Sinha	Phoenix	Gold - 25m Free Style Silver - 25m Relay
2	Geeta Sree	Phoenix	Gold - 25m Back Stroke Silver - 25 M Free Style Silver - 25m Breast Stroke Silver - 25m Relay
3	Megna	Hercules	Silver - 25m Back Stroke Gold - 25m Relay
4	Avighna C	Orion	Gold - 25m Breast Stroke Bronze - 25m Back Stroke
5	Anisha Sultana	Pegasus	Bronze - 25m Freestyle Bronze - 25m Relay
6	Raaina	Phonix	Bronze -25m Breast Stroke
7	Upasana Dutt	Hercules	Gold - 25m Relay
8	Adhira T	Pegasus	Bronze 25 M Relay



Aditya Itha – Gr 8



Kongpak – Gr 8

GRADE- 8 BOYS

S.NO	NAME	HOUSE	MEDAL WON
1	Aditya Itha	Hercules	Gold - 25m Freestyle Gold - 25m Breast Stroke Gold - 25m Team Relay Gold - 25 M Back Stroke
2	Kongpak	Pegasus	Silver - 25m Freestyle Silver - 25m Back Stroke Silver - 25 M Breast Stroke Silver - 25 M Team Relay
3	G Mohit Reddy	Orion	Bronze - 25m Freestyle Bronze - 25m Breast Stroke Bronze - 25 M Team Relay

4	Aryan Reddy	Hercules	Bronze - 25m Back Stroke Bronze - 25m Team Relay
5	Benoit Kumar E	Phoenix	Gold - 25m Team Relay
6	Arya Dharod	Hercules	Silver - 25m Team Relay
7	Nishant Reddy	Hercules	Gold - 25m Team Relay
8	Arnav Mehta		Silver - 25 M Team Relay
9	Arvind K	Hercules	Silver - 25m Team Relay



Trisha – Gr 8



Panipak – Gr 8

GRADE - 8 GIRLS

S. No.	NAME	HOUSE	MEDAL WON
1	Trisha	Phoenix	Gold - 25m Freestyle Gold - 25m Breast Stroke Gold - 25 M Team Relay
2	Panipak	Pegasus	Silver - 25m Freestyle Silver - 25m Breast Stroke Bronze - 25m Team Relay

4. Upcoming Events:

03 rd June	PYP Graduation Day Summer Break commences for PYP
05 th June	PYP Term 3 reports published Final Examination - RC D for Gr 6 to 8 ends
06 th June	Final Examination - RC D for Gr 9 ends
07 th June	PYP Term 3 PTM
08 th June	Summer Break commences for Gr 6 to Gr 9 students
10 th June to 13 th June	Gr 11 students report to the School for special classes
14 th June	Summer Break commences for Gr 11 students Final Examination - RC D Reports published

I would like to wish you all the very best for the summer vacation and look forward to welcoming you all back, refreshed, for what will be an exciting, new academic year.

Warm regards,
Nuwaira Pasha