



March 2017

From the Principal's Desk

"Total commitment and hours of practice leads to excellent performance, which are traits of a leader."

Dear Parents,

Two important events in the senior section of the school in the month of March highlighted and celebrated Leadership. The most important was the **Leadership Day** on 22nd March. Based on the whole school project, "Women's Empowerment", the four houses have worked tirelessly to fulfil the project tasks assigned to them. The Community Action and Service projects hold an important place in our curriculum at Indus. Apart from being an essential part of the IB, we consciously endeavour to go beyond the curriculum and contribute to the community. Various projects, which focus on women's empowerment were taken by the students, assigned house wise and pursued through the year. The **Leadership Day** is a culmination event which showcases the various projects that our students have been involved in. A special Silver Trophy has been instituted this year to recognize the House that excelled in taking the task assigned to a meaningful and excellent level that underscores servant leadership. **Orion House** was adjudged the best for the number of students who tirelessly worked with the housekeeping ladies in enhancing their reading, speaking and writing skills which were evident through the confident manner in which they spoke about this invaluable opportunity. Orion House was also responsible for the collation of the Community School Magazine which was released that day.

The day started with the inauguration of the Gallery Walk by Mr. Chabbra, the Principal of Indus International School, Pune. **Pegasus** House displayed a colorful array

of needlecraft by the house keeping ladies who are undergoing a Singer Sewing Certificate Course as a part of vocational training for them. The students of the Pegasus house have been involved in the vocational training of the women from the underprivileged local community as a part of their House vision. They have been actively participating in motivating the Ammas and a select few are doing an advanced certified beautician course. The students of **Hercules** House have taken upon themselves to recycle used paper to produce various products, as a part of their House vision. They displayed the recycled paper products that they had produced. They were also instrumental in organizing the science exhibition. The **Phoenix** House displayed their finished sanitary napkins and Indus International Community School Leadership Journals. The tasks given and accomplished clearly indicate our effort to foster the spirit of entrepreneurship that will make these women economically independent.

The documentary displayed moments that caught our students in action as they strive to make their leadership journey meaningful. It provided a snapshot of their efforts to empower these women who are a part of our work force. The ILEAD talks that followed further brought out the understanding of leadership at Indus and its impact on our students.

“A Celebration of the Performing Arts” on 18th March was an excellent display of how our students performed in the orchestra, choir, dance and drama. The pride of Indus is its Orchestra. According to Leonard Bernstein: "To achieve great things, two things are needed; a plan, and not quite enough time." With serious practices that started in March, our students presented a stunning display of music that ran across different ages and styles. With every passing year the level of difficulty has increased and this has enhanced focus and performance. We congratulate Mr. Joseph Maccana and his team for their commitment to building this ethos and appreciation of music.

A creative piece, is only successful to the extent that the audience offers a willing suspension as they watch the performance. It's part of an unspoken contract, in which the dramatist provides the action and in return, the audience accept the reality of what the actors do on stage. Both the plays “The Sneeze” and “Ghonga Basant” captured the attention of all present through not only the story line but also through the students living each character.

The graceful dancers from Grades 6 and above made glamorous the traditional Indian classical style through different elegant postures and expression that heightened the richness of movement and culture.

PYP: The Second PYP Agora and Colloquium, held on 17th March provided an interactive forum to address the issues and concerns raised by the parents of PYP. The PAC Chairperson, Dr. Anju Agadi and parent representative, Nisha Binner along with other parents collaborated with the Head of School, Ms. Navita to collectively review improvements and suggestions that have been made to enrich the learning experience of our students at Indus. At the Colloquium, Ms. Svetlana shared her expertise on 'Building Social Emotional Competence in Children.' In her presentation, she elaborated the different stages of social-emotional development of children and ways that parents can be involved in it.

Our Early Years students from **IELC-Whitefield** celebrated their **Indus Day and Leadership Summit** with vibrance and enthusiasm on March 24th. The resonant event was conducted in the Sports Complex of the main school. It was a joy to see our little eagles perform the play, 'The pursuit of Happiness' where they explored the concept of happiness. It was a reflection of the mindful strategies that the students have been practicing while they learn to be open minded and balanced. The orchestra by our little eagles performed melodious musical compositions of 'Raindrops keep fallin' on my head' and 'Canon'. All this is a testimony of our philosophy of whole education.

Students across Reception, Prep 1 and Prep 2 attended their Annual Leadership Camp with excitement and curiosity. The experiential learning engagements of the camp provided unique and invaluable experiences for all our learners in the early years. Each task focused on whole child development and laid emphasis on developing the leadership skills of team building, empathy and situational awareness.

The aim of the Grade 1 Leadership camp held on March 3rd, 2017 at the Indus Community School was to build confidence, resilience and responsibility, to turn students into confident and inspiring leaders. Activities designed by the Indus School of Leadership trainees have helped our children to learn that collaboration, and building a rapport results in a better understanding of the different aspects of team building.

True leadership always begins with the inner person. The Leadership Camp for Grade 3 was integrated with this year's theme 'Mindfulness and Growth Mindset'. The day was packed with activities that focused on mindfulness and team work while the rope course helped them to overcome their fear.

We thank the parents of Grade 3 who visited the classrooms this month to support and enhance our students' understanding of our body systems and their interdependence. Ms. Manjula M.S, mother of Prerna, shared her insights on various body systems and emphasized their interdependence. During the session, students had an opportunity to

explore various models and extend their learning. Ms. Stuti Agarwal, parent of Palash Agarwal, spoke to the students about various ways of maintaining health and hygiene. The students also had a fun-filled exercise session to understand the importance of exercise in their daily life. Dr. Shri Hari, parent of Kavish conducted an interactive session about the physiology of different body systems using various models. He also discussed various contributing factors towards health and the well-being of human beings.

The Early Years Chess Competition was held on March 1, 2017 at the Indus Early Learning Centre, Whitefield. Participants from both Sarjapur and Whitefield campuses vied to win the coveted trophy. Arjun Mahajan and Aahaan Agarwal from Grade 12 conducted the entire proceedings. After several rounds that lead up to the finals, Anvika from IELC, Whitefield, emerged the champion of the tournament. J.K Aarush from Indus Bangalore gave her a good fight before being knocked down. Well done little eagles. Fight the good fight in life for it is important to always have the spark of a competitive spirit.

Grade 5 students have started their Exhibition unit, a journey that will demonstrate their understanding of the PYP. The teachers conducted an orientation session for the parents on 10th March to enlighten them on the expectations and role in this journey of collaborative inquiry.

MSP: Despite serious and long hours of practice for the orchestra, we were able to balance the academic requirements. The ACER ISA Writing Task B was administered for students of Grades 6 to 8 on March 1st. While practices continued, non-participants actively engaged in academic and co-curricular activities. Students worked to finalize their TED speeches and also submitted recordings of their speech for feedback to the TED facilitators.

The ABRSM exam for Music Theory was administered on 4th March. Theory has helped our students read the tough pieces that were chosen for Indus Day and perform well in the orchestra in a span of six weeks.

For teachers in the Middle School, it is also professional development time now to understand the demands of the MYP. As such many are pursuing online subject-specific courses which commenced on 15th March.

The second group of Grade 8 students had a week long Leadership Camp at the Indus School of Leadership at Yelagiri. As always the team building exercises have

contributed to a better interaction and understanding of the importance of working in a group.

IGCSE: Having completed the IGCSE on 10th March, Grade 10 students worked on their Course Work from 11th March and went on to appear for their Mock Examinations for their Set 2 subjects from 15th March.

DP: Grade 12 students appeared for their Mock Papers from 6th to 17th March. Alongside, teachers completed the uploading of the Extended Essays, the TOK Essays and written assignments. We thank the parents who attended the PTM for Grade 12 on 24th March and hope that the constructive feedback given will help the students improve their scores in the final IB exams.

Placements: It continues to be a busy time for the Placement Cell. They have reached out through a presentation for “new parents and students” on how the admission process works for Indus Seniors. Meetings are being held in small groups with Grade 11 on how to break down the application process from now until August 2017. It has also been a time when Grade 12 students have been assisted with applying to Canada, Hong Kong and other countries. Much time has also been spent with anxious parents particularly after the latest shootings in the USA to weigh the pros and cons, “To go or not to go to an American University!” It has also been a time to help both Grade 10 and 11 with Recommendation Letters for their applications to Summer Programs and Internships.

Boarding: The weekend activities for the boarders have been fun filled to give them moments to remember. Grade 11 attended a session on Mindfulness on 4th March. This was conducted by Mr. Guru who heads the Happiness Centre at Indus. The boys of Grades 9 and below went to Wonderla on 5th March, where the experience in the water and the various rides gave them a thrill. The boarder students engaged in Creative Happy Hour which is a story telling session that has been introduced with various activities. This is indeed a happy time and we hope that students are inspired not only to read but to become good story tellers as well.

On 13th March, Holi was celebrated with the resplendence of colour and festivity and the boarders enjoyed this down time with zeal.

The students have also been regularly involved in games and sports, the recent inclusion being the in-house American pool competition for Grade 11 boys. The Grade 10 students have been involved in Caroms and Chess competitions.

The boarders bid a fun filled farewell to their Grade 12 seniors on 23rd March. This culminated in a social. Grade 12 enjoyed the ramp walk as a team of judges from the boarding community awarded titles which included, Mr. Indus, Ms. Indus, Mr. Handsome and Ms. Beautiful.

Food, especially food that reminds us of home exudes a special comfort factor for all of us. Our students from Korea enjoyed the experience when they were given a free hand in the kitchen on 12th March. They were given the chance to cook what they like best, a Korean meal.

Sports: The **Annual Senior School Aquatic Meet** on 3rd March was a good prelude to the competition in Sri Lanka. House spirits ran high as our swimmers competed in the various categories of events. We congratulate the students for their wonderful performance. The details are attached in Appendix 1.

Indo – Srilankan Sports Festival: At Indus, we believe in providing ample opportunities and exposure to our students to excel in sports, both nationally and internationally. As a part of this, our students participated in the Indo-Srilanka Sports Festival that was held at Colombo, Srilanka from 19th – 24th March. We are proud to announce that our students put up an outstanding performance and have brought laurels to the school. Our students did especially well in swimming, football, cricket and badminton. Indus Bangalore won the championship in football and cricket. We won 17 Gold, 8 Silver and 6 Bronze medals in swimming in the Individual category. We also won Gold in the Under -14 boys badminton and Silver in the Under -17 girls badminton. Their performance has been a result of consistent practice and commitment, which goes on to prove that whole education is integral part of our philosophy. Our compliments to the students and the coaches. The details are attached in Appendix 2.

We also had inter- house matches in football, cricket badminton and basketball conducted in February. The results of these matches are attached in Appendix 3.

Book Retreat: At Indus, professional development of our teachers have always been accorded paramount importance. As a precursor to self-development, one should develop and hone one's reading skills, for deep reading facilitates deep learning. Towards this objective, we conducted the first book retreat on 23rd March 2017. Our CEO, Lt Gen Arjun Ray (Retd), opened the session with a presentation on developing a habit of deep reading and why is it important for teachers and students to be deep readers and reflect upon what they read. Nominated members came up with various goals and plans to achieve them. The retreat gave a lot of clarity on different concepts. It

was an enriching experience for teachers and staff attending the retreat, as they critically reviewed selected books. The central idea from the books were put through rounds of brainstorming and critical analysis. It was an enriching experience as through discussion and analysis, all the members of the retreat were enlightened with the inspiring ideas from the books which they can apply in their personal and professional lives.

As we move into April, I hope you have had a refreshing break. In the last quarter of the academic year, we prepare to consolidate all that we have learned through the year and look forward to key events like the graduation of our Grade 12 students and the election of the new student council.

Regards,

Mrs. Sarojini Rao
Principal
Indus International School, Bangalore

Appendix 1: SENIOR SCHOOL INTER-HOUSE ANNUAL AQUATIC MEET

Individual Championship Award

Sl No	Name	Grade	House	Category	Points
1	Dominic Reil	6	Pegasus House	Boys U 12	60
2	Rachanaa Bodugu	6	Pegasus House	Girls U 12	60
3	Kiran Antose	8	Phoenix House	Boys U 14	50
4	Aman Sharma	7	Hercules House	Boys U 14	50
5	Nikita Kishan	8	Orion House	Girls U 14	60
6	Vinay Narasimhan	9	Hercules House	Boys U 16	60
7	Megan Marianne Lewis	8	Hercules House	Girls U 16	40
8	Ines Maria Huret	9	Phoenix House	Girls U 16	40
9	Joseph Padavath	11	Pegasus House	Senior Boys	60
10	Samantha Mary Alexander	11	Hercules House	Senior Girls	60

Overall Team Position

Sl No	House	Points	Position
1	Hercules House	725	I
2	Pegasus House	505	II
3	Phoenix House	450	III
4	Orion House	295	IV

Appendix 2: INDO-SRILANKAN SPORTS FESTIVAL RESULTS:

SWIMMING

Special Recognition Award

1. **Joseph Padavath (Grade 11)** - Awarded Individual Championship Trophy for Boys under 17 Category.
2. **Samantha Mary Alexander (Grade 11)** - Awarded Individual Championship Trophy for Girls under 17 Category.

3. **Toki Bokaer Wilkinson (Grade 6)** -- Awarded Promising Swimmer under 12 Boys Category.
4. **Katy Louise Howell (Grade 5)** - Awarded Promising Swimmer under 12 Girls Category.

Competition Summary

Sl No	Name	Grade	Division	Event	Medal
01	Joseph Padavath	11	Boys Under 17	100 m Individual Medley 50 m Backstroke 50 m Butterfly Stroke 100 m Freestyle 100 m Breaststroke 100 m Back stroke 50 m Freestyle 100 m Butterfly 4 x 100m Freestyle Relay Awarded Individual Championship Trophy	Gold Gold Gold Gold Gold Gold Gold Silver Silver
02	Samantha Mary Alexander	11	Girls Under 17	100 m Individual Medley 50 m Butterfly Stroke 100 m Freestyle 100 m Breaststroke 100 m Back stroke 50 m Freestyle 100 m Butterfly 50 m Backstroke Awarded Individual Championship Trophy	Gold Gold Gold Gold Gold Gold Silver
03	Nikita Vinay Kishan	8	Girls Under 17	50 m Back stroke 100 m Freestyle 50 m Freestyle 4 x 100 m Freestyle Relay	Gold Silver Silver Bronze
04	Joshua David Howell	6	Boys Under 12	50 m Butterfly 50 m Breaststroke 4 x 100 m Freestyle Relay	Gold Silver Silver

05	Toki Bokaer Wilkinson	6	Boys Under 12	50 m Breaststroke 4 x 100 m Freestyle Relay Awarded Promising Swimmer	Gold Silver
06	Inia Bokaer Wilkinson	8	Girls Under 17	100 m Butterfly 100 m Breaststroke 50 m Freestyle 4 x 100 m Freestyle Relay	Silver Silver Bronze Bronze
07	Megan Marianne Lewis	8	Girls Under 17	100 m Freestyle 100 m Butterfly	Silver Bronze
08	Penelope Yse Morra	8	Girls Under 17	100 m Back stroke 50 m Back stroke 100 m Freestyle 4 x 100 m Freestyle Relay	Bronze Bronze Bronze Gold
09	Aman Sharma	7	Boys Under 14	100 m Back stroke 4 x 100 m Freestyle Relay	Bronze Silver
10	Katy Louise Howell	5	Girls Under 12	4 x 100 m Freestyle Relay 4 x 100 m Freestyle Relay Awarded Promising Swimmer	Gold Bronze
11	Rachanaa Bodugu	6	Girls Under 12	4 x 100 m Freestyle Relay 4 x 100 m Freestyle Relay	Gold Bronze
12	Paartha Soni	8	Boys Under 14	4 x 100 m Freestyle Relay	Silver
13	Abhiram Attaluri	8	Boys Under 14	4 x 100 m Freestyle Relay	Silver
14	Pratham Arora	9	Boys Under 14	4 x 100 m Freestyle Relay	Silver

FOOTBALL

The tournament was conducted in league pattern, where each team played 6 matches. Toppers of the league was decided as Winners.

Indus International School played 6 Matches in which we won 3 games, drew 2 games and lost a game against Nalanda College, Colombo.

We topped the league with 11 points and were rightly awarded as the champions of the tournament.

Special Recognition Award

Priyam Sharda (Grade 8) - Awarded Most Valuable Player of the tournament.

He was also the top scorer of the tournament.

Under - 14 Football (Boys) Team

SI No	Participant	Grade
1	Jenil Jaswanthsinh Zala	8
2	Chaitanya Ajay Choudary	8
3	Dhanraj Kantilal Bhalala	8
4	Priyam Sharda	8
5	Jai Ashiya	8
6	Abhishek Garine	9
7	Devansh Surana	9
8	Aditya Shankar Rao	8
9	Afraz Faizal	9
10	Dharmil Bhudeliya	9
11	Fardeen Hans	9
12	Nihil Nambiar	9
13	Shafraz Faizal	9
14	Varun Ramakrishnan	9
15	Peddavandala Sai Charith	9
16	Aman Pankaji Kumar Beria	9
17	Zarif Al Mamun	9
18	Viren Gupta	9

BADMINTON

Under 14 Junior Boys

Final match was Indus International School, Bangalore Vs OKI International School.
INDUS Won 3 – 0.

SI No	Student name	Grade	Category	Medal
1	Kanishk Guptha	6	U-14 (Jr Boys)	Gold
2	Namit J M	7		
3	Dhanush Reddy	8		
4	Abhishek Jain	9		

Under 17 Senior Girls

Final match was Indus International School, Bangalore Vs Royal institution (RI). Indus
Lost 3-1.

SI No	Student name	Grade	Category	Medal
1	Nitya Kopparapu	11	U-17 (Sr Girls)	Silver
2	Sanjana Voonna	11		
3	Seerat Banda	11		

Under 17 Senior Boys

Students played well but couldn't qualify for finals.

CRICKET

Special Recognition Award

1. **Bilidale Karunesh Nihal (Grade 11) - Best batsman of the tournament.**
2. **Siddanth Agarwal (Grade 7) - Best bowler of the tournament.**
3. **Luqman Hakim (Grade 8) - Man of the series.**

Cricket Team List

SI No	Participant Name	Grade
1	Dev Veer Singh	6
2	Ritvik Elan	6
3	Aadiv Reki	6
4	Varun Venkatesh	6
5	Arham Srisrimal	7
6	Siddhant Agarwal	7
7	Zoravar Singh	7
8	Monish Reddy	8
9	Krishi Koliwad	8
10	Avyaya Anasapurapu	8

11	Luqman Hakim	8
12	Vishnu Karthik	8
13	Bilidale Karunesh Nihal	11
14	Rishi Vaneshwar	11
15	Hirak Shah	11
16	Karunesh Nischit	11

Appendix 3: **INTER HOUSE FOOTBALL TOURNAMENT RESULTS**

CATEGORY	HOUSE	POINTS
Girls - Open	Orion	I
	Phoenix	II
	Hercules	III
	Pegasus	IV

CATEGORY	HOUSE	PLACE
Senior Boys	Phoenix	I
	Orion	II
	Hercules	III
	Pegasus	IV

INTER HOUSE CRICKET TOURNAMENT RESULTS

HOUSE	POSITION
Orion	I
Pegasus	II
Hercules	III
Phoenix	IV

INTER HOUSE BADMINTON COMPETITION RESULTS

CATEGORY	HOUSE	POSITION
Senior Boys (Gr 9 To 12)	Phoenix	I
	Orion	II
	Hercules	III
	Pegasus	IV

CATEGORY	HOUSE	POSITION
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Senior Girls (Gr 9 To 12)	Phoenix	I
	Orion	II
	Hercules	III
	Pegasus	IV

CATEGORY	HOUSE	POSITION
Junior Boys (Gr 6 To 8)	Pegasus	I
	Hercules	II
	Orion	III
	Phoenix	IV

CATEGORY	HOUSE	POSITION
Junior Girls (Gr 6 to 8)	Pegasus	I
	Phoenix	II
	Orion	III
	Hercules	IV

INTER HOUSE BASKETBALL TOURNAMENT 2016-2017

CATEGORY	HOUSE	POSITION
Junior Boys (Gr 6 to 9)	Pegasus	I
	Hercules	II
	Phoenix	III
	Orion	IV

CATEGORY	HOUSE	POSITION
Senior Boys (Gr 11 & 12)	Phoenix	I
	Orion	II
	Pegasus	III
	Hercules	IV

CATEGORY	HOUSE	POSITION
Girls Open	Phoenix	I
	Hercules	II

(Gr 6 to 12)	Orion	III
	Pegasus	IV