

BeenaMalhotra
Head of Centre
IELC Chennai, Adyar

Mobile: + 91 8939752224 / +91 9940638444
Email: beena.malhotra@indusearlyyears.com
Website: www.indusearlyyears.com



March 2016 Newsletter

“To stimulate creativity, one must develop the childlike inclination for play and the childlike desire for recognition.”

– Albert Einstein”

Dear Parents,

Warm Greetings to all our existing and new parents!

“An apple a day keeps the doctor away” is a simple saying that holds some truth.

Children under seven years of age have frail immune system which makes them more susceptible to cold and flu viruses.



Before a young child starts to get sick he/she has the usual signs and symptoms of the common cold: runny nose, nasal congestion, sneezing, watery eyes, hacking cough, sore or scratchy throat, low grade fever and/ headache.

Do not worry if your child is getting eight to ten colds over twelve months he/she is within the norm as it is quite common for school goers. These same kids get sick less often than their peers during the elementary school years. In other words, your kid is building strong immunity system.

Remember the young age is a splendid time to build immunity for these common infections.

What can we do to avoid spreading of infection?

- ✚ Make sure kids stick to an early bedtime. Most babies need approximately 14 hours of sleep a day; preschoolers need 11-13 hours.
- ✚ Encourage frequent hand-washing, especially after using the bathroom (including diaper changes) and before eating.
- ✚ Frequently wash toys and other objects that children put in their mouth and all other surfaces and dispose of tissues after wiping or blowing child's nose.
- ✚ Avoiding close contact with other people who are sick.
- ✚ Making sure not to come to school with runny nose. Once the child develops symptoms, he has probably already infected other people he has been in contact with.
- ✚ Additionally, they more often contact contaminated surfaces (desks, table tops and toys) and subsequently touch their nose, eyes or mouth facilitating germ transmission.

What can we do when our children are infected?

Love them, comfort them and help them to recover from their illness.

Indus News!

What did we do this Month?

We are practicing for Annual Day which is on 7th of April. We are finished with recording.



Inquiry into the character traits of mommy goat and the wolf.....



UOI celebration PP-1



Core Values:

At Indus students are encouraged to develop core values of Love, Empathy, Discipline and Respect which can be reinforced at home through experiential learning.

- ✚ Using kind words
- ✚ Caring and helping people in need
- ✚ Practicing small but significant acts of kindness

Warm Regards

Ms. Beena Malhotra

Head of Center

 <https://www.facebook.com/indusearlylearningcentreadyar>



Neverland!!- A whimsical celebration of the UOI in the form of stories around school.

Pre Nursery- 'Ginger Bread man'
Nursery- "Story on Sea Animals"
Reception - "Story of 5 Seasons"
PP1- "Save Trees"
PP2- "Pollution"



News:

- ✓ We welcome Ms Martina as PP-1 Co teacher.
- ✓ We added to our resources three new Air Purifiers.

Important dates:

- ✓ 6th April- Indus Day Dress rehearsal
- ✓ 7th April- Indus day
- ✓ 8th April- Ugadi Holiday
- ✓ 14th April- Tamil New Years day
- ✓ 29th April- Leadership Summit