



Message from the Director's Desk:

July & August 2021

"The goal of early childhood education should be to activate the child's own natural desire to learn."
Maria Montessori

Dear Parents,

On behalf of Team IAELC, I would like to thank you for attending the CRM on 17th July 2021. As a part of our **Wellness Program**, we completed our first session on '**Raising Happy and Resilient Children.**' During this Wellness session, we understood –

- What is Resilience – the ability to bounce back from challenges or failure.
- Peeped into the growing brain of children and how every experience offered to a child becomes a synaptic connection in the brain.
- How does resilience develop- Good Stress vs Bad Stress and how the Amygdala functions.
- The Circadian Rhythm or the biological clock regulates bodily functions like feeding, sleeping, body temperature, and hormone production. Your circadian rhythm will fall into place when you follow routines and children thrive on routines.

As the **Professional Development** continues for the entire team, this month too the team was immersed in a 2-day Leadership Camp. This two-day camp was led by the Director - Indus School of Leadership, Lt Col Sathya Rao (Retd.), Captain Supriya Patil, Captain Mohit, and Major Deepak along with other ISL team members. The camp covered two modules- **Adaptability and Team of Teams**, for 2 days. The PD on **Design Thinking** was facilitated by Indus Startup You Team- Ms. Merlyn Fernandes, Ms. Monica Khanna, and Ms. Prasanna Peril.

Team IALEC would like to thank our **Principal Dr. Praseedha Sreekumar**, for making all the Professional Development Sessions possible. Teachers are now well prepared and confident with the new developments as they step into a new academic year where we would be focusing on teaching the child and not the subject, lifelong learning and well being of the students.

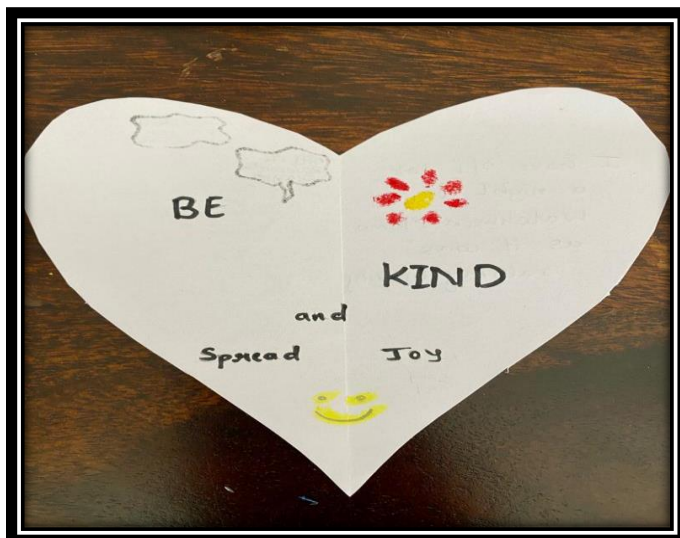
The **'Meet-Greet- Share Time'** was initiated with the PP1 Grade students where we all decided to do 1 Act of Kindness over the weekend and share it with our peers on Monday morning. Let us peep into their kind heart...



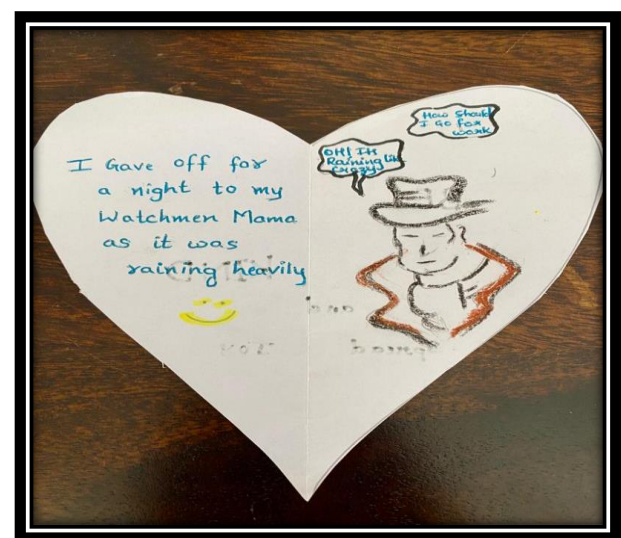
Jatin's Heart & Act of Kindness



Avirat's Heart & Act of Kindness



Onish's Heart & Act of Kindness





Vijay's Heart & Act of Kindness



Mehul's Heart & Act of Kindness

When adults introduce children to altruistic activities such as volunteer work or supporting neighborhood projects. Kindness, compassion, gratitude, empathy, and many other positive qualities emerge when children learn that helping others is also a great way to help themselves.

We would be ending July with celebrating 'Friendship Day' as friendship improves happiness and adapt misery by doubling joy and dividing grief."

The rehearsals for celebrating Independence Day can widely be seen during the extra sessions. Very enthusiastically children are getting geared up for this celebration.

I take this opportunity to invite you all to the flag hoisting ceremony at 8:45 am at IAELC which will be followed by the online celebration from 9:00 am to 10:00 am. The program flow and link will be shared by the respective teachers.

Parent Advisory Committee (PAC) : Engaging parents in the education system activates a built-in support system that works to help both students and teachers do a better job. This is possible with an organized program involving the school and the parents in activities linked to the school goals. A well- structured partnership program improves the school, strengthens families, and increases student achievement and success. With this goal in mind, we would like to initiate a Parents Advisory Committee (PAC) for the parents of Indus Altum Early Learning Centre, following the guidelines of the PAC at Indus Altum International School, Belagavi. The features of the committee are given below:

Aims and Objectives:

- To provide an opportunity for IAELC parents to share their ideas and mutual concerns on every facet of school life.
- To provide on-going communication between parents and the Team.
- To keep all parents informed of school policies and issues, and provide continuous feedback.

- To endorse, recommend, and collaborate on school initiatives.

Joining the Committee: Parents are requested to give their acceptance to be a Parent Representative of the IAELC to Ms Roopa or me.

Closing date: 5th August 2021

In case of more than 4 interested Parents we will collate a list and request the Parents to vote for the candidates.

The top 4 elected parents will become Parent Members of the Parent Advisory Committee IAELC. (PAC-IAELC)

The Advisory Committee will include 4 parents and Director, Preschool.

PAC Members will serve on the committee for a period of one academic session

Criteria for Membership to the Advisory Committee:

Every parent (mother/father/legal guardian of the child studying at Indus Altum Early Learning Centre) can be a member of the Advisory Committee.

NUGGET FOR A HAPPY CHILD DEVELOPMENT

Thinking skills are the mental activities you use to process information, make decisions, and create new ideas. You use your thinking skills when you try to make sense of experiences, solve problems, make decisions, ask questions, make plans, or organise information.

Everybody has thinking skills, but not everyone uses them effectively. To improve a child's thinking skills, he/she must master the art of 'Critical Thinking'. Critical thinking means making reasoned judgments that are logical and well-thought-out. It is a valuable skill that adds better judgement and an enriched thought process to one's life.

Critical thinking is hard to develop for adults but since children are easily impressionable, it can be instilled in them with careful measure over a period of time.

The benefits of critical thinking can enhance one's life in ways unimaginable. It promotes creativity and is the foundation of science and a liberal democratic society. Critical thinking allows an individual to be independent and is an asset in any career.

Warm regards,
Ayesha Baig
Director Preschool

Our Motto
In Omnia Paratus – Prepared For All Challenges